

# 2025 Virtual Language and Culture Program Schedule



University  
of Regina

English as a  
Second Language  
Centre for Continuing Education

Week 1:					Live	Not Live	L. Contact
Time	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
(Sask)							
5:00 PM		Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for
5:30 PM		Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact
6:00 PM	Program Welcome	English	Saskatchewan Farm	English	English	English	Indigenous Culture
6:30 PM	6:00 PM to 7:00 PM	Class	Presentation/	Class	Class	Class	Presentation/
7:00 PM	Asynchronous	6:00 PM to	English Conversation	6:00 PM to	6:00 PM to	6:00 PM to	English Conversation
7:30 PM	Activities	8:00 PM	and Games	8:00 PM	8:00 PM	8:00 PM	and Games
8:00 PM	Get to Know	Asynchronous	6:00 PM to	Asynchronous	Asynchronous	Asynchronous	6:00 PM to
8:30 PM	the U of R	Activities	8:45 PM	Activities	Activities	Activities	8:45 PM
9:00 PM	Please finish by next class	Please finish by next class		Please finish by next class	Please finish by next class	Please finish by next class	
9:30 PM	(Can be completed	(Can be completed		(Can be completed	(Can be completed	(Can be completed	
10:00 PM	on own time	on own time		on own time	on own time	on own time	
10:30 PM	after 7:00 PM)	after 8:00 PM)		after 8:00 PM)	after 8:00 PM)	after 8:00 PM)	
11:00 PM	Approx 2 hours	Approx 2 hours		Approx 2 hours	Approx 2 hours	Approx 4 hours	
11:30 PM							
12:00 AM							
12:30 AM							
1:00 AM							
1:30 AM							

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Week 2:					Live	Not Live	L. Contact
Time	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
(Sask)							
5:00 PM	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for
5:30 PM	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact
6:00 PM		English	Indigenous Dance	English	English	English	Multicultural
6:30 PM		Class	Presentation/	Class	Class	Class	Showcase/
7:00 PM		6:00 PM to	English Conversation	6:00 PM to	6:00 PM to	6:00 PM to	English Conversation
7:30 PM		8:00 PM	and Games	8:00 PM	8:00 PM	8:00 PM	and Games
8:00 PM		Asynchronous	6:00 PM to	Asynchronous	Asynchronous	Asynchronous	6:00 PM to
8:30 PM		Activities	8:45 PM	Activities	Activities	Activities	8:45 PM
9:00 PM		Please finish by next class	Asynchronous	Please finish by next class	Please finish by next class	Please finish by next class	
9:30 PM		(Can be completed	Activities # 2	(Can be completed	(Can be completed	(Can be completed	
10:00 PM		on own time	Please finish by next class	on own time	on own time	on own time	
10:30 PM		after 8:00 PM)	(Can be completed	after 8:00 PM)	after 8:00 PM)	after 8:00 PM)	
11:00 PM		Approx 2 hours	on own time	Approx 2 hours	Approx 2 hours	Approx 2 hours	
11:30 PM			after 8:45 PM)				
12:00 AM			Approx 2 hours				
12:30 AM							
1:00 AM							
1:30 AM							

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Week 3:					Live	Not Live	L. Contact
Time	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
(Sask)							
5:00 PM	Suggested time for	Suggested time for	Suggested time for	Suggested time for	Suggested time for		
5:30 PM	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact	Virtual Local Contact		
6:00 PM		English	Canada-themed	English	English	Program Closing	
6:30 PM		Class	Activities/	Class	Class	6:00 PM to 7:00 PM	
7:00 PM		6:00 PM to	English Conversation	6:00 PM to	6:00 PM to		
7:30 PM		8:00 PM	and Games	8:00 PM	8:00 PM		
8:00 PM		Asynchronous	6:00 PM to	English	Asynchronous		
8:30 PM		Activities	8:45 PM	Post-test	Activities		
9:00 PM		Please finish by next class	Asynchronous	(Can be completed	Please finish by next class		
9:30 PM		(Can be completed	Activities # 2	on own time	(Can be completed		
10:00 PM		on own time	Please finish by next class	after 8:00 PM)	on own time		
10:30 PM		after 8:00 PM)	(Can be completed	Approx. 45 mins	after 8:00 PM)		
11:00 PM		Approx 2 hours	on own time		Approx 2 hours		
11:30 PM			after 8:45 PM)				
12:00 AM			Approx 2 hours				
12:30 AM							
1:00 AM							
1:30 AM							